



## Parent University-Effingham (04-13-2019)

Name: \_\_\_\_\_

### Session Schedule

1<sup>st</sup> Session: 9:40 – 10:40

2<sup>nd</sup> Session: 10:50 – 11:50

3<sup>rd</sup> Session: 12:00 – 1:00

\*CORE Classes are offered to teach, inform, update or clarify specific subject matter relevant to the home, school and community. The intent of CORE classes is to improve student achievement and strengthen the family unit.

NOTE: Shaded areas indicate class not offered.

Choose Sessions Here			*CORE	Credits	Classes Offered & Description (Subject to change)
1 <sup>st</sup>	2 <sup>nd</sup>	3 <sup>rd</sup>			
<i>For attendees arriving by 9:00 a.m.</i>				3	<b>9:00-9:30 General Session</b>
<i>3-hour session</i>			*	6	<b>CPR Certification Class Only</b> - (All day session) Limited to 20 participants on a "First Come, First Served" basis. This training will provide information and skills needed to perform CPR during emergency situations. <b>NOTE:</b> First Aid Certification Class will be offered at the next Parent University session.
1 <sup>st</sup>			*	3	<b>"Hoops to Higher Learning"</b> – Larry "Gator" Rivers, a retired Harlem Globetrotter, will relay his personal journey to becoming a legend and showoff his amazing basketball skills to get students excited about learning and the drive to excel. The importance of parent involvement in helping their children succeed in school and life will also be emphasized. <b>Family Literacy</b>
1 <sup>st</sup>			*	3	<b>Newcomers Orientation</b> - This is an introductory course to welcome all first-time attendees and Springfield Elementary School's second grade parents. Participants will learn more about Parent University-Effingham and how to get the most out of the sessions. The <b>Parent University and the Effingham County Board of Education's Reading Initiative Program</b> (an Early Language and Literacy Mini-Grant that partnered with Springfield Elementary School) will be explained. Commitment, Permission and Acknowledgement forms will be clarified and completed by participating parents.
	2 <sup>nd</sup>		*	2	<b>Why You Need to Take a Temperament Analysis of Your Child</b> – This session will provide an overview of temperament analysis and evidence-based information of its benefits. It is designed to help parents have a better understanding of their children's behavior. <b>Family Literacy</b>
	2 <sup>nd</sup>			2	<b>Financial Literacy - Getting Your Child Ready for College</b> - This session will leave you confident in knowing what to do in preparing yourself and your future scholar for college. The time is now, 92% of 7 <sup>th</sup> & 8 <sup>th</sup> graders say they were likely to attend college, 68% stated they had very little knowledge on how credit works, establishing a banking relationship, college budgeting and how to become a responsible money steward.
	2 <sup>nd</sup>	3 <sup>rd</sup>	*	3	<b>Fatherhood Initiative</b> – "Being a good father starts with your presence, not presents". Fathers have an important influence on their children's lives; maybe, even more so than mothers. This session will focus on the importance of an involved FATHER and how they can get and stay involved in their children's education. <b>Family Literacy</b>
		3 <sup>rd</sup>	*	2	<b>Effective Communication Series Part I</b> - This "Make and Take" Series is designed to assist parents with tools that improve communication between the school, home and their child. <b>Family Literacy</b>
		3 <sup>rd</sup>		2	<b>Fitness/Zumba</b> –Zumba, the "Best Stress Reliever" medicine of all times, involves aerobic movements and dance. Put on your dancing shoes and enjoy the beats of various music while sweating away the worries.

**2019 Graduation Requirements** - Parent University-Effingham Graduation will be held in the fall.

- ◆ Participants must complete five (5) CORE classes per year and have a total of fifteen (15) credits.
- ◆ To graduate with honors, a total of 25 credit hours (15 required hours plus 10 additional hours) are needed. Additional hours may be earned in other school functions as field trips, classroom visits, PTO/PTA/Booster Club functions, classroom visits and Parent/Teacher Conferences. Additional hours may also be earned by attending or participating in community activities e.g. Effingham Family Connection, Girls Night Out, Health Fairs, and E Connect Workshops.