



## Parent University-Effingham (09-22-2018)

Name: \_\_\_\_\_

### Session Schedule

1<sup>st</sup> Session: 9:50 – 10:50

2<sup>nd</sup> Session: 11:00 – 12:00

3<sup>rd</sup> Session: 12:10 – 1:10

\***CORE Classes** are offered to teach, inform, update or clarify specific subject matter relevant to the home, school and community. The intent of CORE classes is to improve student achievement and strengthen the family unit. Shaded areas indicate class not offered.

Choose Sessions Here			*CORE	Credits	Classes Offered & Description (Subject to change)
1 <sup>st</sup>	2 <sup>nd</sup>	3 <sup>rd</sup>			
<i>For attendees arriving by 9:00 a.m.</i>				3	<b>9:00-9:45 Graduation &amp; General Session</b>
<b>3hour session</b>			*	6	<b>CPR Certification Class <i>Only</i></b> - (All day session) Limited to 20 participants on a “First Come, First Served” basis. This training will provide information and skills needed to perform CPR during many emergency situations. <b>NOTE:</b> First Aid Certification Class will be offered at the Winter Session February 9, 2019.
1 <sup>st</sup>	2 <sup>nd</sup>	3 <sup>rd</sup>	*	2	<b>Newcomers Orientation</b> - This is an introductory course to welcome all first-time attendees and Springfield Elementary School’s second grade parents. Participants will learn more about Parent University-Effingham and how to get the most out of the sessions. The Parent University and the Effingham County Board of Education’s Reading Initiative Program (an Early Language and Literacy Mini-Grant that partnered with Springfield Elementary School) will be explained. Commitment, Permission and Acknowledgement forms will be clarified and completed by participating parents. <b>Family Literacy</b>
1 <sup>st</sup>	2 <sup>nd</sup>	3 <sup>rd</sup>	*	2	<b>Hurricane Preparedness: Make Your Plan. Be Ready!</b> Do you know what to do when disaster strikes? Storm surges, high winds, tornadoes and flooding generated by a hurricane can destroy your home and surroundings. U.S. forecasters have predicted that the 2018 hurricane season will be an active one. In this session, information will be provided on how you can develop a family (including your pets) disaster plan, prepare supply kits, and stay aware of weather conditions. Come and learn how to be ready before the storm.
1 <sup>st</sup>	2 <sup>nd</sup>	3 <sup>rd</sup>	*	2	<b>Why Dads Matter?</b> - Dads have an important influence on their children’s lives; maybe, even more so than mothers. This session will focus on the importance of an involved DAD. Come and learn how DADS can get and stay involved with their children’s education by becoming a Bulldog D.A.D.
1 <sup>st</sup>	2 <sup>nd</sup>	3 <sup>rd</sup>	*	2	<b>Positive Parenting Tips</b> – Participants will receive information on positive child development techniques. Tips will be provided that will set parents on the path to guide better behavior and promote a stronger, more peaceful connection with their children, resulting in the children developing more positive social skills.
1 <sup>st</sup>	2 <sup>nd</sup>	3 <sup>rd</sup>	*	2	<b>Healthy Children, Happy Parents – Tips on Making School Transition Easier</b> - This course addresses the most common concerns and questions that parents have regarding their visits with their child to the pediatrician. The importance of well child visits, a guide to vaccines, the role of antibiotics in sickness, and the diagnosis of ADHD will be discussed. Come and join the conversation with the pediatrician on how to help your children to succeed.

**2018 Graduation Requirements** - Parent University-Effingham Graduation will be held in the fall.

- ◆ Participants must complete five (5) CORE classes per year and have a total of fifteen (15) credits.
- ◆ Additional credits will entitle you to be an Honor Graduate.

*To graduate with honors, a total of 25 credit hours (15 required hours plus 10 additional hours) are needed. Additional hours may be earned in other school functions as field trips, classroom visits, PTO/PTA/Booster Club functions, classroom visits and Parent/Teacher Conferences. Additional hours may also be earned by attending or participating in community activities e.g. Effingham Family Connection, Girls Night Out, Health Fairs, and E Connect Workshops.*